

# Financial abuse

How to speak up if it happens to you

An Easy Read guide



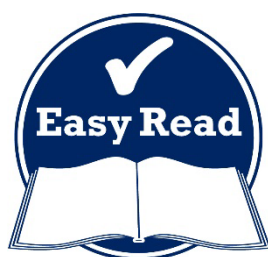
**Ageing** and **Disability** Abuse Helpline

1800 628 221 (M-F 9-5)

## How to use this guide



The New South Wales (NSW) Ageing and Disability Commission wrote this guide. When you see the word 'we' or 'us', it means the NSW Ageing and Disability Commission.



We wrote this guide in an easy to read way. We use pictures to explain some ideas.

**Bold**  
Not bold

We wrote some important words in **bold**.

We explain what these words mean.



You can ask for help to read this guide. A friend, family member or support person may be able to help you.

# Financial abuse

## What financial abuse is



We call it **financial abuse** when someone controls how you use your money.



They might take and use your cash.



Or they might take and use your credit cards.

## When financial abuse happens



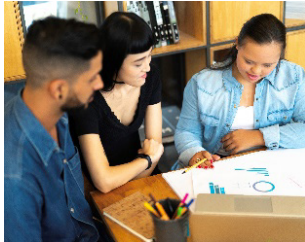
You can be financially abused by your partner.



You can be financially abused by a family member or friend.



You can be financially abused by your carer.



You can be financially abused by someone you work with.



You can be financially abused by someone who lives in your community.

This includes people you don't know.

## How financial abuse happens



The other person might take money from your wallet or bank account.

They do this without telling you.



They might get angry when you spend money.



Financial abuse is not ok.

## How to speak up



Some people who experience financial abuse are too scared to speak up.



It's important to speak up if you think this is happening to you.



You can tell someone you trust, such as:

- a family member or friend
- an advocate - someone who speaks up for people with disability.



You might talk to someone in your community, like your doctor.

## You can get help



You can call the Ageing and Disability Abuse Helpline to get help.

**1800 628 221**



We are open:

- Monday to Friday
- 9am to 5pm.



You can send us an email.

**[nswadc@adc.nsw.gov.au](mailto:nswadc@adc.nsw.gov.au)**



If you are having an emergency:

- call Triple Zero  
**000**
- ask for the police.



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